LUNCH BY LIBELLE

NIKAU WEEK

NORTH ISLAND

Winter 2023

14/08/23 - 18/08/23

Standard Menu

BEEF CASSEROLE & MASH

Beef pieces & veggies, slow cooked in a tomato based sauce. Served with mashed potato.

MONDAY

CHICKEN & CHEESE FILLED WRAP

Wrap filled with chicken, cheese, salad & aioli. Served with a yoghurt.

TUESDAY

COCONUT CURRY

Chicken pieces cooked in a mildly spiced curry sauce, with veggies. Served with rice & a roti

WEDNESDAY

PASTA BOLOGNESE

Pasta with beef cooked in a hidden veggie sauce. Served with a garlic roll.

THURSDAY

CHICKEN, GRAVY & MASH

Chicken pieces cooked in a creamy gravy with seasonal veggies. Served with mashed potato.

FRIDAY

Halal Friendly

BEEF CASSEROLE & MASH

MON

THU

Beef pieces & vegetables slow cooked in a tomato-based sauce. Served with mashed potato. with a garlic roll.

TUE **CHICKEN & CHEESE WRAP**

Wrap filled with chicken, cheese, salad & aioli. Served with a yoghurt.

COCONUT CURRY

WED

Chicken pieces cooked in a mildly spiced curry sauce, with veggies. Served with rice & a roti wrap.

PASTA BOLOGNESE

Pasta with beef cooked in a hidden veggie sauce. Served

FRI CHICKEN, GRAVY & MASH

Chicken pieces cooked in a creamy gravy with seasonal veggies. Served with mashed potato.

Vegetarian Friendly

AMAZEBALLS & MASH

MON

Plant based amazeballs cooked in a creamy sauce with veggies. Served with mashed potato.

VEGGIE SALAD WRAP

TUE

Wrap filled with a veggie pattie, cheese, salad & aioli. Served with yoghurt or fruit.

COCONUT CURRY

WED

Chickpeas cooked in a mild coconut curry sauce with veggies. Served with rice & a roti wrap.

LENTIL BOLOGNESE

THU

Lentils cooked in a hidden veggies sauce. Served on pasta with a garlic roll.

SUPER SAUSIE, GRAVY & MASH FRI

Mushroom super sausie cooked in gravy with seasonal veggies. Served with mashed potato.

Dairy Friendly

AMAZEBALLS & MASH

MON

Plant based amazeballs cooked in a gravy with veggies. Served with vegan mashed potato.

CHICKEN SALAD WRAP

TUE

Wrap filled with chicken, a veggie pattie, salad & aioli. Served with fruit.

COCONUT CURRY

WED

Chicken pieces cooked in a mildly spiced curry sauce, with veggies. Served with rice & a roti wrap.

PASTA BOLOGNESE

THU

Pasta with beef cooked in a hidden veggie sauce. Served with a garlic roll.

CHICKEN, GRAVY & MASH

FRI

Chicken pieces cooked in gravy with seasonal veggies. Served with vegan mashed potato.

Vegan Friendly

AMAZEBALLS & MASH

MON

Plant based amazeballs cooked in gravy with veggies. Served with vegan mashed potato.

VEGGIE SALAD WRAP

TUE

Wrap filled with a veggie pattie, salad & vegan aioli. Served with fruit.

COCONUT CURRY

WED

Chickpeas cooked in a mild coconut curry sauce with veggies. Served with rice & a roti wrap.

LENTIL BOLOGNESE

THU

Lentils cooked in a hidden veggies sauce vegan cheese. Served on pasta with a garlic roll.

SUPER SAUSIE, GRAVY & MASH FRI

Mushroom super sausie cooked in a vegan gravy with seasonal veggies. Served with vegan mashed potato.

Gluten Friendly

BEEF CASSEROLE & MASH

Beef pieces & veggies, slow cooked in a tomato based sauce. Served with mashed potato.

TUE **CHICKEN & CHEESE WRAP**

GF wrap filled with chicken, cheese, salad & aioli. Served with a voghurt.

COCONUT CURRY

WED

MON

Chicken pieces cooked in a mildly spiced curry sauce, with veggies. Served with rice & a GF wrap.

PASTA BOLOGNESE

THU

GF pasta with beef cooked in a hidden veggie sauce. Served with a garlic roll.

CHICKEN, GRAVY & MASH

FRI

Chicken pieces cooked in a creamy gravy with seasonal veggies. Served with mashed potato.

www.lunchbylibelle.co.nz

lunchbylibelle@libelle.co.nz

facebook.com/lunchbylibelle

Please visit our website of more information including our allergen disclaimer. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply. Ingredients subject to change due to seasonal availability.